

Dear Friends

St. Xavier's College, XRCVC-Viviana Extension is happy to announce a unique online workshop in the Health and Wellness series on the theme **"Smartness in Medication"**, under its Tech Roshni initiative – a step toward bridging the digital divide for blind and low vision persons.

- Do you often struggle in managing the medicines because of your blindness?
- Don't you think it will be difficult if you need to take different pills on different days?
- How will you manage this medication suppose there is no one at home to help you?

There is only one answer for these questions and that is "Help Yourself!" Let's come together and see how we can overcome of this accessibility hurdle. XRCVC is going to conduct a Tech Roshni awareness program on Saturday, September 20, 2025 at 4:30 PM IST. In this one-hour program, we will take you through various different issues and come up with the solutions to manage the medication appropriately.

Interested participants should get registered for this awareness program by using the below link on/before Thursday, September 18, 2025 by 12:00 PM.

Registration Link: <https://forms.gle/QjyazQQh9DYcHtR1A>

Registered participants will receive the joining link on Friday, September 19, 2025.

Hurry up and reserve your spot for this informative awareness workshop. Let's bring some smartness in medication!

Resource person: Shizanne D'mello, and Tejas Karanje

Venue: Online Zoom Conference Call

Criteria: Participant should be a person with print disability.

Disclaimer: The XRCVC, St. Xavier's College, Mumbai neither endorses nor totally subscribes to claims about the devices by the manufacturers. This is an awareness programme for the available aids or techniques for medication management and not a substitute for professional medical management.

Thanks,

Team XRCVC,

Xavier's Resource Centre for the Visually Challenged (XRCVC)

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